



ILS ATHLETIC STAFF

Principal	Sr. Kim Keraitis, FMA	principal@ilsroyals.com
Dean of Students	James Rydborn	jrydborn@ilsroyals.com
Athletic Director	Nicholas Fernandez	nfernandez@ilsroyals.com
Asst. Athletic Director	Anthony Vuono	avuono@ilsroyals.com
Asst. Athletic Director	Derrick de La Grana	ddelagrana@ilsroyals.com
Athletic Trainer	Camille Wilkerson	cwilkerson@ilsroyals.com
Athletic Trainer	Joel Acosta	jacosta@ilsroyals.com

ILS HEAD COACHING STAFF

Strength & Conditioning	Nathan Gomez	ngomez@ilsroyals.com
Head Football	Helder Valle	hvalle@ilsroyals.com
Head Boys/Girls Golf	Anthony Tzamtzis	atzamtzis@ilsroyals.com
Head Swimming	Sean Arrington	seanarrington98@gmail.com
Head Girls/Boys Volleyball	Luis "Danny" Saladrigas	saladrigasl@gmail.com
Head Cheerleading	Coral D. Buxeda	cheer@ilsroyals.com
Head Cross Country	Dilenia Gomez	dgomez@ilsroyals.com
Head Girls Basketball	Danny Arguello	darguello@ilsroyals.com
Head Boys Basketball	Derrick de la Grana	ddelagrana@ilsroyals.com
Head Girls Soccer	Anthony Vuono	avuono@ilsroyals.com
Head Boys Soccer	Richard Jobson	rjobson@ilsroyals.com
Head Baseball	Nathan Gomez	ngomez@ilsroyals.com
Head Softball	Dan Montesi	dan.montesi@yahoo.com
Head Sailing	Maru Urban	maru@kbyc.org
Head Tennis	James Rydborn	jrydborn@ilsroyals.com
Head Lacrosse	John Ieradi	jierardi@ilsroyals.com
Head Track	D'Andre Mickens	dmickens@ilsroyals.com
Head Dance Coach	Esther Pazos	epazos@ilsroyals.com
Head Beach Volleyball	Maria Cuesta	mcuesta@ilsroyals.com
Athletic Wellness Coach	Andres Saladrigas	asaladrigas@ilsroyals.com